

CLEANING & DISINFECTION OF LABOUR ROOM

Spot cleaning

- **After each delivery**
 - Labour room tables & surfaces with aldehyde preparations* / any other suitable disinfections
 - Floor and sink with detergent (soap) water/hospital grade phenyl (black color)
- High touch surfaces in contact with body fluids such as bed rails, IV stand, bed-side table, etc.
- Spills - management with 1% hypochlorite solution (small spill) and 10% hypochlorite solution (large spill i.e. more than 10 ml)

Twice a day

- Floor and sinks with detergent (soap) water/hospital grade phenyl at fixed times
- Labour table, table tops & surfaces - light shades, almirahs, lockers, trolleys in 2% aldehyde based preparation*
- Toilets with disinfectants

Weekly

- Walls, roofs, floors, furniture and fixtures thoroughly cleaned/washed

Monthly

- Air sampling should be done on monthly basis
- Random swab sample from surfaces & disinfected areas

Every 3 months

- Microbial water testing to be done every 3 months and after source changed/ major repairs in supply system/water related outbreak suspected



After every cleaning

- Disinfect mops by soaking in water with 0.5% hypochlorite solution for 30 minutes. Wash with detergent and water and dry in sunlight
- Disinfect buckets and utility gloves with 0.5% hypochlorite solution for 1 minute
- Wash the utility gloves with soap and water and hang them for drying
- Use separate mop for surfaces and floor. Separate mops for critical areas

Linen Handling

- Soak blood soiled linen in 0.1% chlorine solution for 20 minutes followed by rinsing with water immediately
- No rinsing of blood soiled linen in patient care area or toilets
- Dirty non soiled and blood soiled linen to be transported and stored separately in leak proof bags/containers

General Measures

- Restrict unnecessary entry and use of external footwear
- LR doctors and paramedics should wear mask, cap and slippers/shoe covers all the time
- Proper clothing of LR personnel including cap, mask, slippers/shoe covers and gown at the time of delivery
- Bio medical waste management in LR as per guidelines
- Frequent cleaning of AC filters

* Aldehyde based preparation – are recommended by guidelines for implementation of Kayakalp. Subject to availability in the hospital.